Refugee Interprofessional Community Engagement Project (RICE)

**Recommended Readings**

* CDC Refugee Health Guidelines

<https://www.cdc.gov/immigrantrefugeehealth/guidelines/refugee-guidelines.html>

* Office of Refugee Health Website

<http://www.cdph.ca.gov/programs/Pages/RefugeeHealthProgram.aspx>

* Health of Resettled Iraqi Refugees---San Diego County, California, October 2007- Septmber 2009.

<https://www.ncbi.nlm.nih.gov/pubmed/21160458>

* Kirmayer, L.J. et al. (2015). Culture, Context and the Mental Health and Psychosocial Wellbeing of Syrians:A Review for Mental Health and Psychosocial Support staff working with Syrians Affected by Armed Conflict. Geneva: UNHCR, 2015
* Alemi, Q., James, S., Cruz, R., Zepeda, V., & Racadio, M. (2014). Psychological Distress in Afghan Refugees: A Mixed-Method Systematic Review. Journal of Immigrant and Minority Health / Center for Minority Public Health, 16(6), 1247–1261. http://doi.org/10.1007/s10903-013-9861-1

**Resources**

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| Sac SOS | <http://sacsos.org> | Continuously updated list of free and low-cost resources available to Sacramento County. |
| CDC Refugee Health Profiles | <https://www.cdc.gov/immigrantrefugeehealth/profiles/index.html> | Key health and cultural information about specific refugee groups resettling in the United States |
| EthnoMed | <https://ethnomed.org/> | Information about cultural beliefs, medical issues, and related topics pertinent to the health care of immigrants to the US |
| HealthReach | <https://healthreach.nlm.nih.gov/patient-materials> | Health information in many languages (document, audio, video): diseases, causes, symptoms, treatment, and prevention. |
| JFCS – Country Guides | <https://gulfcoastjewishfamilyandcommunityservices.org/refugee/resources/country-condition-reports/> | Brief overviews of countries, highlighting current healthcare systems, common perceptions and responses to adverse mental health symptoms, and typical community support networks. |
| Cultural Orientation Resource Center | <http://www.culturalorientation.net/learning/backgrounders> | Culture Profiles include a population’s history, culture, religion, language, education, and resettlement needs, and brief demographic information. |
| Queensland Health – Guide for Health Professionals | <https://www.health.qld.gov.au/multicultural/health_workers/cultdiver_guide> | Community Profiles for Health Care Providers is a practical tool that assists health care providers to better understand the health beliefs, pre-migration experiences, communication preferences and other aspects of their clients' culture. |
| About Kids Health – English  About Kids Health – Arabic | <http://www.aboutkidshealth.ca/En/HealthAZ/Pages/default.aspx>  <http://www.aboutkidshealth.ca/En/HealthAZ/Multilingual/AR/Pages/default.aspx?name=b> | Information about child health and family quality of life. |